

# Bridges of New York

BNY is a cooperative substance Abuse Program working closely with Nassau County & State Services to help men who have drug or alcohol problems make a successful re-entry into society.

## Transitional Rehabilitation Services

TRS housing program is designed to provide Post-Release offenders and Non-Secure Program resident's temporary housing. Employment assistance and other support services are provided to help them maintain a drug-free, crime-free lifestyle in order to successfully re-enter the community

### 3 Phase Program

#### Phase 1 – first 30 days

Needs Assessment and Individual Counseling  
Job Placement

In-House Responsibilities

#### Phase 2 – days 30 through 60

Dealing With Life-Controlling Problems  
Financial Responsibility  
Connecting Socially

#### Phase 3 – days 60 through 90

Giving Back to Community  
Leadership Responsibilities  
Re-Entry Plan

## Services Available

- Substance abuse Treatment
- Anger Management
- Resident Responsibility
- Case management Service as needed
- Individual Counseling
- Religious Services
- Transportation Assistance
- Nutritional Assistance
- Employment Assistance
- Group Therapy Sessions
- Family Counseling
- Financial Management
- Other services, as determined

## How it Works

Once the resident secures employment he will be responsible for contributing financially to his recovery. Staff will assist the resident in maintaining personal finances. The resident agrees to remain drug and alcohol free and agrees to participate in group meetings and random urinalysis tests upon entry into the program.

Certain house and program rules also apply. This program allows the offender independence in a partially structured environment and is designed to assist residents who are eager to make a successful re-entry into society.

## Referrals

Participants may be referred by their substance abuse counselors, any Nassau County Department of Corrections staff, family, legal representative or other interested party. The Re-Entry Assistance Specialist will be the referring agent for inmates transitioning from the New York State or Nassau County Correctional Facility.

## Eligibility

Residents or offenders may be eligible if they:

- are under community supervision with the corrections department, or
- have been recently released (within 90 days) from incarceration or community supervision with the department and
- have been determined to need transitional services, and are abstinent from drugs and alcohol and are in recovery

Inmates who have completed an in-prison substance abuse treatment program are the target population. Residents who have participated in community based substance abuse treatment program are considered the secondary population; however, any resident or offender in need of transitional housing may be considered on a case by case basis.

# Goals

Some specific goals of the programs include:

- Educate clients about the effects of chemical dependency and identify the underlying cause of addiction.
- Challenge criminal thinking and destructive behavior patterns.
- Increase the clients' awareness of alternatives to substance abuse and the benefits of sobriety.
- Teach clients to identify thoughts, behaviors and situations that trigger drug use.
- Assist clients in the development of relapse prevention plans.
- Encourage links to the community, including recovery support and connections to a church family.



Creating Life After Addiction

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Turning Takers into Givers

## Contact Information

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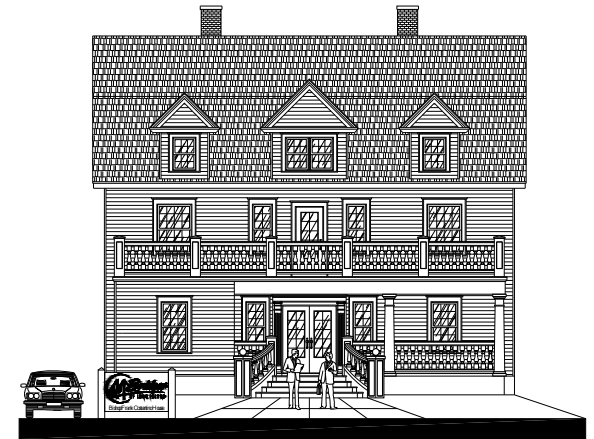
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Charlie McCarthy  
House Manager

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